



RECREATIONAL SERVICES

SPRING 2025

UNM PackFit

JANUARY 27 - MAY 9

MONDAY

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room

SOUL FUSION

Tiffany R
12:00pm-1:00pm
JC Dance Room

GLUTE SCULPT

Maidelys V
1:00pm-2:00pm
JC Dance Room

SELF DEFENSE

Markus B
6:00pm-6:50pm
UNM Fitness Room

AQUA JOGGING

Marty M
6:30pm-7:30pm
UNM Olympic Pool

TUESDAY

PILATES

Alisha R
12:00pm-1:00pm
JC Dance Room

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room

DEEP WATER AEROBICS

Marty M
12:00pm-1:00pm
UNM Olympic Pool

YOGA

Hallee N
12:00pm-1:00pm
B539/HESS

WEDNESDAY

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room

AQUA JOGGING

Marty M
12:00pm-1:00pm
UNM Olympic Pool

SOUL FUSION

Tiffany R
12:00pm-1:00pm
JC Dance Room

SELF DEFENSE

Markus B
6:00pm-6:50pm
UNM Fitness Room

THURSDAY

PILATES

Alisha R
12:00pm-1:00pm
JC Dance Room

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room

YOGA

Hallee N
12:00pm-1:00pm
B539/HESS

DEEP WATER AEROBICS

Marty M
6:30pm-7:30pm
UNM Olympic Pool

FRIDAY

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room



SPRING 2025 FITNESS SCHEDULE

UNM PackFit

The "PackFit" Pass is valid for all classes on the SPRING 2025 "PackFit" Schedule. NO CLASSES: MARCH 17-21, 2025. ALL classes, times, names, dates, instructors, and locations are subject to change or cancellation at any time. Please check with the UNM Recreational Services office to register and/or for changes in the schedule prior to the beginning of class. These classes are not available for academic credit. UNM Tuition Remission benefits are now available for full time UNM Faculty and Staff.

Please visit our website for the current updates on the PackFit Schedule.



FREE to UNM Students!

Join the Pack!



\$85.00 UNM Faculty/Staff

\$100.00 Community

THE UNIVERSITY OF NEW MEXICO Recreational Services 1102 Johnson Center, UNM, 505.277.0178 recservices.unm.edu Division of Student Affairs Some programs & services paid for by UNM Student Fees