# Fall 2021 Fitness Schedule

**September 6 - December 10, 2021**

**Monday**
- **LOBO CYCLING**
  - 6:50am-7:50am JC Cycling Room
- **YOGA**
  - 6:50am-7:50am JC Mat Room
- **PILOTA**
  - 6:45am-7:45am JC Fitness Room
- **LOBO CYCLING**
  - 11:00am-12:00pm JC Cycling Room
- **YOGA**
  - 12:00pm-1:00pm JC Fitness Room
- **AQUA JOGGING**
  - 12:00pm-1:00pm UNM Olympic Pool
- **CIRCUIT TRAINING**
  - 12:00pm-1:00pm JC Functional Training Room
- **PILOTA**
  - 12:00pm-1:25pm JC Fitness Room
- **ZUMBA**
  - 12:00pm-1:00pm JC Dance Room
- **LOBO CYCLING**
  - 5:30pm-6:30pm JC Cycling Room
- **YOGA**
  - 5:30pm-6:30pm JC Fitness Room
- **HIIT**
  - 5:30pm-6:30pm JC Functional Training Room
- **KETTLEBELL**
  - 6:30pm-7:30pm JC Functional Training Room
- **CORE**
  - 7:00pm-8:00pm JC Mat Room
- **ENDURE**
  - 6:00pm-7:00pm JC Indoor Track
- **PILOTA**
  - 6:45pm-7:45pm JC Fitness Room

**Tuesday**
- **LOBO CYCLING**
  - 6:50am-7:50am JC Cycling Room
- **YOGA**
  - 6:50am-7:50am JC Mat Room
- **PILOTA**
  - 6:45am-7:45am JC Fitness Room
- **HIIT**
  - 7:00am-7:50am JC Functional Training Room
- **YOGA**
  - 12:00pm-1:00pm JC Fitness Room
- **CORE**
  - 12:00pm-1:00pm JC Functional Training Room
- **PILOTA**
  - 12:00pm-1:25pm JC Fitness Room
- **AQUA JOGGING**
  - 12:00pm-1:00pm UNM Olympic Pool
- **PILOTA**
  - 12:00pm-1:25pm JC Fitness Room
- **YOGA**
  - 12:00pm-1:00pm JC Functional Training Room
- **KETTLEBELL**
  - 6:30pm-7:30pm JC Functional Training Room
- **CORE**
  - 7:00pm-8:00pm JC Mat Room
- **TRX**
  - 5:30pm-6:30pm JC Functional Training Room
- **ENDURE**
  - 6:00pm-7:00pm JC Indoor Track
- **PILOTA**
  - 6:45pm-7:45pm JC Fitness Room

**Wednesday**
- **LOBO CYCLING**
  - 6:50am-7:50am JC Cycling Room
- **YOGA**
  - 6:50am-7:50am JC Mat Room
- **PILOTA**
  - 6:45am-7:45am JC Fitness Room
- **HIIT**
  - 7:00am-7:50am JC Functional Training Room
- **YOGA**
  - 12:00pm-1:00pm JC Fitness Room
- **CORE**
  - 12:00pm-1:00pm JC Functional Training Room
- **AQUA JOGGING**
  - 12:00pm-1:00pm UNM Olympic Pool
- **TRX**
  - 5:30pm-6:30pm JC Functional Training Room
- **ENDURE**
  - 6:00pm-7:00pm JC Indoor Track
- **PILOTA**
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**Thursday**
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- **YOGA**
  - 6:50am-7:50am JC Mat Room
- **HIIT**
  - 7:00am-7:50am JC Functional Training Room
- **YOGA**
  - 12:00pm-1:00pm JC Fitness Room
- **CORE**
  - 12:00pm-1:00pm JC Functional Training Room
- **AQUA JOGGING**
  - 12:00pm-1:00pm UNM Olympic Pool
- **TRX**
  - 5:30pm-6:30pm JC Functional Training Room
- **ENDURE**
  - 6:00pm-7:00pm JC Indoor Track
- **PILOTA**
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**Friday**
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- **PILOTA**
  - 6:45pm-7:45pm JC Fitness Room

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**Fall 2021 Fitness Classes:**
- **LOBO CYCLING**
- **YOGA**
- **PILOTA**
- **AQUA JOGGING**
- **KETTLEBELL**
- **ENDURE**
- **CIRCUIT TRAINING**

**Weekend Specials:**
- Monday: $75.99 UNM Students
- Tuesday: $150.99 UNM Faculty/Staff
- Wednesday: $180.99 Community

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**The "WOW" Pass is valid for all classes on the FALL 2021 "WOW" Schedule.**

**NO CLASSES: OCTOBER 14-15, 2021 - UNM Fall Break.**

No discounts offered. ALL classes, times, names, dates, instructors, and locations are subject to change or cancellation at any time. Please check with the UNM Recreational Services office to register and/or for changes in the schedule prior to the beginning of class. These classes are not available for academic credit. Tuition remission benefits are now available for full-time UNM Faculty and Staff.