



RECREATIONAL  
SERVICES

FALL 2025

UNM PackFit

AUGUST 25-DECEMBER 5, 2025

MONDAY

CIRCUIT  
TRAINING

Maidelys V-R  
12:00pm-1:00pm  
JC Functional  
Training Room

SELF  
DEFENSE

Marcus B  
12:00pm-1:00pm  
Fitness Room

AQUA  
JOGGING

Marty M  
12:00pm-1:00pm  
UNM Olympic Pool

TUESDAY

PILATES

Alisha R  
12:00pm-1:00pm  
JC Dance Room

CIRCUIT  
TRAINING

Maidelys V-R  
12:00pm-1:00pm  
JC Functional  
Training Room

PIYO

Sharka O  
1:00pm-2:00pm  
Mat/Wrestling Room

WEDNESDAY

CIRCUIT  
TRAINING

Maidelys V-R  
12:00pm-1:00pm  
JC Functional  
Training Room

YOGA

Hallee N  
12:00pm-1:00pm  
Dance Room

SELF  
DEFENSE

Marcus B  
12:00pm-1:00pm  
Fitness Room

AQUA  
JOGGING

Marty M  
12:00pm-1:00pm  
UNM Olympic Pool

THURSDAY

PILATES

Alisha R  
12:00pm-1:00pm  
JC Dance Room

CIRCUIT  
TRAINING

Maidelys V  
12:00pm-1:00pm  
JC Functional  
Training Room

PIYO

Sharka O  
1:00pm-2:00pm  
Mat/Wrestling Room

DEEP  
WATER  
AEROBICS

Marty M  
6:30pm-7:30pm  
UNM Olympic Pool

FRIDAY

CIRCUIT  
TRAINING

Maidelys V  
12:00pm-1:00pm  
JC Functional  
Training Room

The "PackFit" Pass is valid for all classes on the FALL 2025 "PackFit" Schedule. NO CLASSES: OCTOBER 9-10, 2025. ALL classes, times, names, dates, instructors, and locations are subject to change or cancellation at any time. Please check with the UNM Recreational Services office to register and/or for changes in the schedule prior to the beginning of class. These classes are not available for academic credit. UNM Tuition Remission benefits are now available for full time UNM Faculty and Staff.



FALL 2025  
FITNESS SCHEDULE

UNM PackFit

Please visit our website for the current updates on the PackFit Schedule.

FREE  
to UNM  
Students!

\$150.00

UNM Faculty/Staff/

\$200.00

Community



Join the Pack!

THE UNIVERSITY OF NEW MEXICO  
Recreational Services

1102 Johnson Center, UNM, 505.277.0178

recservices.unm.edu

Division of Student Affairs  
Some programs & services paid for by UNM Student Fees

