CAMPUS RECREATION

Monday:

6:45am - 7:45 am Run Strong (Analyssa G.)
Functional Training Room

12pm - 1pm Circuit Training (Maidelys V.)
Functional Training Room

12pm - 1pm Yoga Erika N.
Room B42

12pm - 1pm Aqua Jogging (Nick K.)
Olympic Pool

2pm - 3pm Hybrid Training (Ashley N.)
Functional Training Room

Tuesday:

12pm - 1pm Pilates (Alisha R.)
Dance Room

12pm - 1pm Circuit Training (Maidelys V.)
Functional Training Room

6:30 pm - 7:30 pm DeepWaterAerobics (Lisa W.)
Olympic Pool

Wednesday:

6:45am - 7:45 am Run Strong (Analyssa G.)
Functional Training Room

12pm - 1pm Circuit Training (Maidelys V.)
Functional Training Room

12pm - 1pm Aqua Jogging (Nick K.)

12pm - 1pm Yoga (Erika N.)
Room B42

2pm - 3pm Hybrid Training (Ashley N.)
Functional Training Room

Thursday:

12pm - 1pm Pilates (Alisha R.)
Dance Room

12pm - 1pm Circuit Training (Maidelys V.)
Functional Training Room

Friday:

6:45am - 7:45 am Run Strong (Analyssa G.)
Functional Training Room

12pm - 1pm Circuit Training (Maidelys V.)
Functional Training Room

Pack Fit

Start Date- August 24th - End Date December 4th.

Fitness Classes

$50 for Students!

Faculty/Staff $200

Community $275

For More Info Contact ceiden@unm.edu

Tuition Remission Eligible