



RECREATIONAL SERVICES

SUMMER 2025

UNM PackFit

JUNE 2 - AUGUST 8, 2025

MONDAY

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room

YOGA

Felisha M
12:00pm-1:00pm
Fitness Room

SELF DEFENSE

Marcus B
12:00pm-1:00pm
Dance Room

AQUA JOGGING

Marty M
6:30pm-7:30pm
UNM Olympic Pool

Please visit our website for the current updates on the PackFit Schedule.



TUESDAY

PILATES

Alisha R
12:00pm-1:00pm
JC Dance Room

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room



\$100.00

UNM FACULTY, STAFF & COMMUNITY



WEDNESDAY

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room

YOGA

Hallee N
12:00pm-1:00pm
Fitness Room

DEEP WATER AEROBICS

Marty M
12:00pm-1:00pm
UNM Olympic Pool

FREE to UNM Students!
Join the Pack!

THURSDAY

PILATES

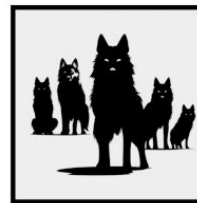
Alisha R
12:00pm-1:00pm
JC Dance Room

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room

AQUA JOGGING

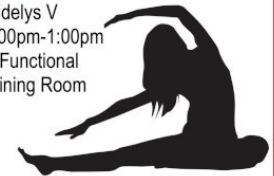
Marty M
6:30pm-7:30pm
UNM Olympic Pool



FRIDAY

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room



The "PackFit" Pass is valid for all classes on the SUMMER 2025 "PackFit" Schedule. **NO CLASSES: JUNE 19, JULY 4, 2025.** ALL classes, times, names, dates, instructors, and locations are subject to change or cancellation at any time. Please check with the UNM Recreational Services office to register and/or for changes in the schedule prior to the beginning of class. These classes are not available for academic credit. UNM Tuition Remission benefits are now available for full time UNM Faculty and Staff.

SUMMER 2025 FITNESS SCHEDULE

UNM PackFit