



RECREATIONAL SERVICES

FALL 2024 Jr. LOBO SWIM ACADEMY

Parent & Tot: Parents enter the water with child. Goals are set each day to become familiar with the water and the idea of an instructor. (4 and under)

Tadpoles: Introduction to water: Going underwater blowing bubbles. (Ages 4-6)

Seashells: Gliding through the water (Ages 5-6)

Seahorses: Gliding on back and beginnings for front crawl (Ages 6-7)

Sunfish: Front Crawl (Ages 6-8)

Stingrays: Backstroke and beginning Butterfly (Ages 7-10)

Barracudas: Breaststroke and beginning Butterfly (Ages 8 and up)

Dolphins: Pre-swim team class (Ages 10 and up but reliant on skill)

Adult Beginner: Become comfortable moving through the water and kick boards and Breaststroke (Ages 18 and up)

Adult Intermediate: Learning Freestyle, breathing properly swimming 100 yards. (Ages 18 and up)

MONDAYS Session I: b \$56.00

9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21

3:30pm-4:00 Parent Tot

4:00pm-4:30pm Tadpoles

4:45-5:15pm Seashells/Seahorses

5:45pm-6:15pm Sunfish/Stingrays

6:15pm-6:45pm Barracudas/Dolphins

7:00pm-7:30pm Adult Beginner/Intermediate

TUESDAYS Session I: \$64.00

9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22

3:30pm-4:00 Parent Tot

4:00pm-4:30pm Tadpoles

4:45-5:15pm Seashells/Seahorses

5:45pm-6:15pm Sunfish/Stingrays

6:15pm-6:45pm Barracudas/Dolphins/Water Polo

7:00pm-7:30pm Adult Beginner/Intermediate

WEDNESDAYS Session I: \$64.00

9/4, 9/11, 9/18, 9/25, 10/2, 10/16, 10/23

4:00pm-4:30pm Adult Beginner

4:45-5:15pm Sunfish/Stingrays

5:45pm-6:15pm Barracudas/Dolphins

6:15pm-6:45pm Adult Beginner/Intermediate

THURSDAYS Session I: \$56.00

9/5, 9/12, 9/19, 9/26, 10/3, 10/16, 10/14

4:00pm-4:30pm Parent Tot/Seahorses

4:45-5:15pm Seashells/Tadpoles

5:45pm-6:15pm Sunfish/Stingrays

6:15pm-6:45pm Barracudas/Dolphins/Water Polo

7:00pm-7:30pm Adult Beginner/Intermediate



ONLINE REGISTRATION

https://recweb.unm.edu/register/#swim_waiver

Please email for details about private lesson availability:

swimlessons@unm.edu

SESSIONS are divided up by skill level not age level.

THE UNIVERSITY OF NEW MEXICO
Recreational Services
1102 Johnson Center, UNM, 505.277.0178
recservices.unm.edu
Division of Student Affairs
Some programs & services paid for by UNM Student Fees